



# ULSTER COUNTY NEWS

ULSTER COUNTY NEWS INFORMATION  
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**FOR IMMEDIATE RELEASE**

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## **Senior Games Program Applications Available March 1st**

Kathryn M. Puglisi, Director of the Ulster County Office for the Aging and Susan Zimet, Chairman of the Arts, Education, Tourism and Community Relations Committee join together to remind Ulster County residents that the month of May, is also known as 'Older Americans Month', and it is a time to take part in the Ulster County Office for the Aging's 20<sup>th</sup> year of "Senior Games".

The Senior Games Program is a month long program of sporting activities which offers fun, exercise, socialization and competition. From amateur to pro, all are welcome. An awards luncheon with a sock-hop theme will be held in June, sponsored by WELLCARE, to celebrate the games participants. If you're an Ulster County senior citizen, age 60 and over, please come out and join us.

If you played in the games in 2005, you will automatically receive an application. All new players should call the Office for the Aging at 340-3582 or 340-3456 for an application.

Applications will be ready on March 1st.