



# ULSTER COUNTY NEWS

ULSTER COUNTY NEWS INFORMATION  
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**FOR IMMEDIATE RELEASE**

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## **Live, Laugh And Learn 8<sup>th</sup> Annual Senior Day Conference**

Susan Zimet, Chairman of the Arts, Education, Tourism and Community Relations Committee and Kathryn Puglisi, Acting Director of the Ulster County Office for the Aging, join together to announce the Live, Laugh and Learn 8<sup>th</sup> Annual Senior Day Conference on August 23, 2006 at the Business Resource Center (BRC) in Kingston offers many wonderful opportunities to learn something new!

Workshops vary from computers, creative writing, digital photography, landscape painting, one-stroke decorative painting, investing, estate planning, real estate, Medicare, caregiving, piano, flower design, understanding aches and pains, advanced care directives and long term care to magic, identity theft, travel, the wonders of garlic, antiques and hidden treasures, luminosity, international sculpture, yoga and Hudson Valley vernacular architecture.

Please call the Ulster County Office for the Aging at (845) 340-3456 for additional information and a registration form. There is a \$5 registration fee and additional fees for flower arranging and for one-stroke decorative painting. Pre-registration is required for workshops.